



# Americans Against Legalizing Marijuana

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## VAPING MARIJUANA - THC AND CBD

Electronic cigarettes are called vapes or vape pens. Some are made to look like conventional cigarettes, cigars, pipes, pens or USB flash drives. Using an e-cigarette is commonly called “vaping.” They work by heating a liquid to produce an aerosol that users inhale into their lungs. The liquid can have flavorings, and additives, nicotine, or tetrahydrocannabinol (THC) the principal psychoactive constituent of marijuana or cannabinoid (CBD) oils. [1]

### Key Facts about Use of E-Cigarette, or Vaping Products

Use of these devices is causing deaths and serious lung disease called Vaping Associated Lung Injury (EVALI). Many of these cases are caused by the use of THC extract products in vaping devices. THC is the addictive psychoactive mind-altering compound of marijuana that produces the “high.” A total of 2,807 hospitalized EVALI cases or deaths have been reported from all 50 states. 68 deaths have been confirmed in 29 states and the District of Columbia (as of February 18, 2020). [2]

The Monitoring the Future (MTF) survey of drug use and attitudes among the country’s 8th, 10th, and 12th graders announced that more than one fifth of high school seniors (20.8 %) reported having vaped marijuana in the past year, as did many 10th graders (19.4 %). From 2018 to 2019, the percentage of seniors vaping marijuana in the past month increased from 7.5 percent to 14 percent - the second largest one-year increase in any drug use that has ever been recorded in the 45-year history of the MTF survey. (The first largest increase was nicotine vaping from 2017 to 2018 reported last year.) Among 10th graders, past-month use was 12.6 percent. [3]

National and state data from patient reports and product sample testing show THC containing vaping products, particularly from informal black-market sources like friends, family, or in-person or online dealers, are linked to most EVALI cases and play a major role in the outbreak. [4] However, some come from sales by “legal” marijuana stores. All such marijuana sales are illegal under federal law. [5]

A recent article in the Journal of the American Medical Association states:

Marijuana vaping produces significantly greater physiological and psychological effects compared with traditional smoking methods at the same tetrahydrocannabinol levels, raising concerns about potential health effects. [6]

### According to the FDA there is danger in using CBD products including:

- CBD can cause liver injury and impair kidney function and cause anemia.
- CBD can affect the metabolism of other drugs, causing serious side effects.
- Use of CBD with alcohol or other Central Nervous System depressants increases the risk of sedation and drowsiness, which can lead to injuries.
- CBD can cause side effects that you might notice. These side effects should improve when CBD

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is stopped or when the amount ingested is reduced. [7]  
CBD use can endanger unborn children. [8]

### **What the CDC and the FDA Recommend Regarding Vaping and THC**

The Centers for Disease Control (CDC) and the Food and Drug Administration (FDA) recommend that:

1. People not use THC vaping products, particularly from informal sources like friends, family, or in-person or online dealers.
2. Vaping products should not be used by youths, young adults, or women who are pregnant.
3. THC use has been associated with a wide range of health effects, particularly with prolonged frequent use. The best way to avoid potentially harmful effects is to not use THC-containing vaping products. [9]

### **Vaping May Cause Lung Damage and Make the Users Vulnerable To COVID-19 virus.**

Coronavirus (Covid-19) harms are severely elevated by marijuana use and marijuana sales. [10]

### **Conclusion**

The marijuana industry is actively promoting underage vaping through the creation of flavored THC vapes and marketing THC vapes on social media platforms. Desperate to avoid the blame, the marijuana industry tries blame black market products. However, the cases of illness tied to "legal" marijuana dispensaries completely undercut this talking point. AALM takes the position that there is no safe vape.

### **References**

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